

Last chiropractor & reason for leaving:_____

Your main complaint:_____

How did it start?_____

How long have you suffered with this?_____

What do you do that makes the problem worse?_____

What gives you some temporary relief?_____

What is the pattern of this problem? **Constant** **Intermittent** **Occasional**

What is the effect it has on your body?_____

What steps have you taken that DID NOT work?_____

List any medications you take:_____

Do you have children? **Yes;** _____ **No**

Do they have any health problems you are aware off? **Yes;** _____ **No**

Is there anything else you would like us to know?_____

EMERGENCY CONTACT INFORMATION

Name:_____

Relationship:_____ Phone Number:_____

Circle any conditions that are presently causing you a problem.

Underline those that have caused you problems in the past.

General Symptoms

Fever
Sweats
Fainting
Sleep Disturbance
Fatigue
Nervousness
Weight Loss
Weight Gain

Respiratory

Chronic Cough
Spitting up Phlegm
Spitting up Blood
Chest Pain
Wheezing
Difficulty Breathing
Asthma

Genitourinary

Frequent Urination
Painful Urination
Blood in Urine
Pus in Urine
Kidney Infection
Prostate Trouble
Uncontrollable Urine Flow

Neurological

Visual Disturbance
Dizziness
Fainting
Convulsions
Headache
Numbness
Neuralgia (Nerve Pain)
Poor Coordination
Weakness

Cardiovascular

Rapid Beating Heart
Slow Beating Heart
High Blood Pressure
Low Blood Pressure
Heart Pain
Hardening of Arteries
Swollen Ankles
Poor Circulation
Palpitations
Cold Hands or Feet
Varicose Veins

Gastrointestinal

Poor Appetite
Difficult Digestion
Heartburn
Ulcers
Nausea
Vomiting
Constipation
Diarrhea
Blood in Stool
Gallbladder/Jaundice
Colitis

Senses

Eye Pain
Double Vision
Ringing in Ears
Deafness
Nose Bleeds
Trouble Swallowing
Hoarseness
Sinus Infection
Nasal Drainage
Enlarged Glands

Muscle & Joint

Neck Pain
Low Back Pain
Arm Pain
Shoulder Pain
Leg Pain
Knee Pain
Foot Pain
Pain/Numbness in
Arms/Legs
Pain between Shoulders
Swollen Joints
Spinal Curvature
Arthritis Fractures

Women Only

Painful Menstruation
Hot Flashes
Irregular Cycle
Cramps or Back Pain
Vaginal Discharge
Nipple Discharge
Lumps in Breasts
Menopausal Symptoms
Birth Control Pills
Miscarriages
Complications with Pregnancy
Pregnant, Wk: ____
Other:

CONSENT TO CHIROPRACTIC TREATMENT

It is important for you to consider the benefits, risks and alternatives to the treatment options offered by your chiropractor and to make an informed decision about proceeding with treatment.

Chiropractic treatment includes adjustment, manipulation, and mobilization of the spine and other joints of the body. Soft-tissue techniques such as massage, and other forms of therapy including, laser light therapy, shockwave therapy, spinal decompression and exercise may also be administered.

Benefits

Chiropractic treatment is effective for complaints of the neck, back, and other areas of the body, which are caused by nerves, muscles, joints, and related tissues. Treatment by your chiropractor can relieve pain such as headache, altered sensation, muscle stiffness, and spasm. Chiropractic care can increase mobility, improve body function, and reduce or eliminate the need for drugs or surgery.

Risks

The risks associated with chiropractic treatment vary according to each patient's condition as well as the location and type of treatment.

The risks may include:

- **Temporary worsening of symptoms** - Usually, any increase in pre-existing symptoms of pain or stiffness will last only a few hours to a few days.
- **Skin irritation or burn** - Skin irritation or burn may occur in association with use of some types of electrical or light therapy. Skin irritation should resolve quickly. A burn may leave a permanent scar.
- **Sprain or strain** - Typically, a muscle or ligament sprain or strain will resolve itself within a few days or weeks with some rest, protection of the area affected and other minor care.
- **Rib fracture** - While a rib fracture is painful and can limit your activity for a period of time, it will generally heal on its own over a period of several weeks without further treatment or surgical intervention.
- **Injury or aggravation of disc** - Over the course of a lifetime, spinal discs may degenerate or become damaged. A disc can degenerate with aging, while disc damage can occur with common daily activities such as bending or lifting. Patients who already have a degenerated or damaged disc may or may not have symptoms. They may not know they have a problem with a disc. They also may not know their disc condition is worsening because they only experience back or neck problems once in a while.

Chiropractic treatment should not damage a disc that is not already degenerated or damaged, but if there is a pre-existing condition, chiropractic treatment, like many common daily activities, may aggravate the disc condition.

The consequence of a disc injury or aggravating a pre-existing disc condition will vary with each patient. In the most severe cases, patient symptoms may include impaired back or neck mobility, radiating pain and numbness into the legs or arms, impaired bowel or bladder function, or impaired leg or arm function. Surgery may be needed.

- **Stroke** - Blood flows to the brain through two sets of arteries passing through the neck. These arteries may become weakened and damaged, either over time or through aging or disease, or as a result of injury. A blood clot may form in a damaged artery. All or part of the clot may break off and travel up the artery to the brain where it can interrupt blood flow and cause a stroke.

Many common activities of daily living involving ordinary neck movements have been associated with stroke resulting in damage to an artery in the neck, or a clot that already existed in the artery breaking off and travelling up the brain.

Chiropractic treatment has been associated with stroke. However, that association occurs very infrequently, and may be explained because an artery was already damaged and the patient was progressing toward a stroke when the patient consulted the chiropractor. Present medical and scientific evidence does not establish that chiropractic treatment causes either damage to an artery or stroke.

The consequences of a stroke can be very serious, including significant impairment of vision, speech, balance and brain function, as well as paralysis or death.

Alternatives

Alternatives to chiropractic treatment may include consulting other health professionals. Your chiropractor may also prescribe rest without treatment, or exercise with or without treatment.

Questions or Concerns

You are encouraged to ask questions at any time regarding your assessment and treatment. Bring in any concerns you have to the chiropractor's attention. If you are not comfortable, you may stop treatment at any time.

Please be involved in and responsible for your care. Inform your chiropractor immediately of any change in your condition.

PLEASE DO NOT SIGN THIS FORM UNTIL YOU HAVE MET WITH THE CHIROPRACTOR

I hereby acknowledge that I have discussed with the chiropractor the assessment of my condition and treatment plan. I understand the nature of the treatment to be provided to me. I have considered the benefits and risks of treatment, as well as the alternatives to treatment. I hereby consent to chiropractic treatment as proposed to me.

Name (Please Print)

Signature of Patient (legal guardian)

Date:_____

Signature of Chiropractor

Date:_____

Thank you!

Coates Chiropractic Fee Schedule

Chiropractic Treatment

New Patient: \$125 (Initial Assessment, Adjustment, X-Ray)

Adjustment: \$47

Extended Visit: \$55

Full-Spine X-Ray: \$115

Laser Therapy Treatment

Laser Therapy: \$47

Shockwave Therapy Treatment

Shockwave Therapy: \$110

Decompression Therapy Treatment

Decompression Therapy: \$130 (Decompression, Laser, Adjustment)

Massage Therapy

30 minutes: \$50

45 minutes: \$65

60 minutes: \$80

90 minutes: \$115

Orthotics

Custom Prescription Orthotics: \$475

Non-Prescription Orthotics: \$150

****We require four hours notice for cancellation of massage therapy treatment. If less than four hours notice is given, full cost of the service will be billed to your account.****